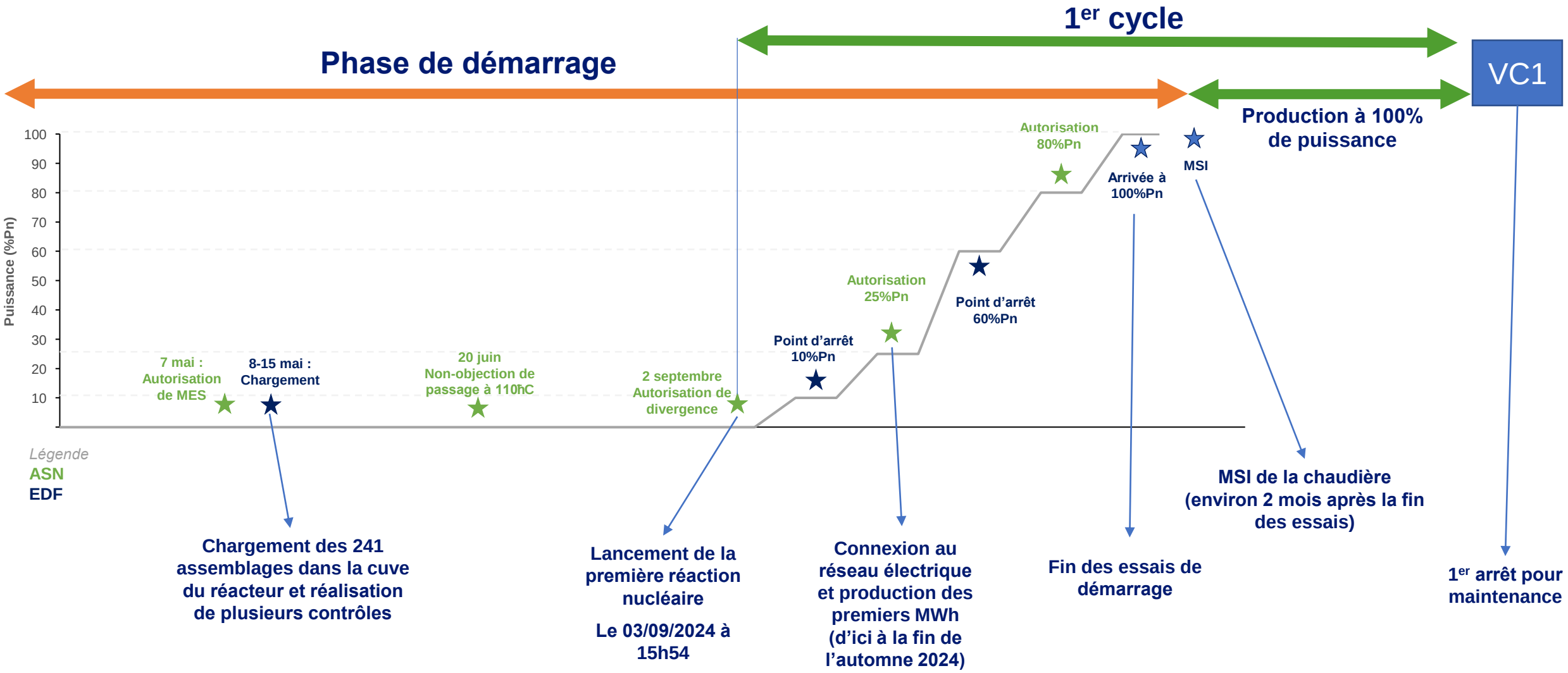Planning de démarrage du réacteur